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# 高松伝の本

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九

紙

印

KUJI-IN

# 九紙印

Kuji-In

臨

RIN

(To look, face, meet, confront, attend, call on)

兵

PYO

(Soldier, private, troops, army, warfare, strategy, tactics)

闘

TO

(Fight, war)

者

SHA

(Someone, person)

皆

**KAI**

(All, everything)

陣

**JIN**

(Camp, battle array, ranks, position)

裂

**RETSU**

(Split, rend, tear)

在

**ZAI**

(Exist, outskirts, suburbs, located in)

前

**ZEN**

(In front, before)

# 九紙印

## Kuji-In

Stand with your feet shoulder width apart, facing south. Bring your palms together in front of your chest & chant three times “OM NAMO BENZI” meaning Sakyamunifo & all the enlightened families.

lower both palms down to your sides. then up over your head above your TENTO. Clap your palms together, & chant “OM”. Lower your palms to throat level, & chant “AH”. Continue lowering your palms down to chest level & chant “HUM”.

Keeping the palms in Gassho chant the following magic formula:

#NA MU HON ZON WE KAI MA RI SHI TEN RAI RIN WE KAU  
SONO KAU SHU GO SHIMETA MA HE

#ON A JI CHIYA YA HO RI SHI YA SOWAKA

Prepare to do the kuji-in hand seals in front of your chest, perform the visualizations & recite the command characters as follows:

臨

RIN

(To look, face, meet, confront, attend, call on)

**Dokko-In, Vajra Tibetan Thunderbolt Seal**

金剛印

The intention is maintaining an unmoving & un-enticed mind, while expressing a strong spirit.

By not allowing anything to disturb your training, gives you a strong spirit, which is needed to be a person with extrasensory perception.



兵

PYO

(Soldier, private, troops, army, warfare, strategy, tactics)

**Dai Kongo-In, Sign Of The Great Diamond**

大金剛印

The intention is to express the life force for extending life & returning to the age of innocence, by developing the sea bottom chakra. The sea bottom chakra is the extrasensory location for improving health & increasing energy. This area stimulates the sex gland; & strengthens physiological, mental, & spiritual aspects, thus preventing illness from attacking your body. Training this seal gives a practitioner three to five times more energy than an average person giving a practitioner a stronger driving force, action force, & creativity.



闘

TO

(Fight, war)

Sotojishi-In, Sign Of The Outer Lion

外自獅印

The intention is to be brave, determined, & courageous. When encountering difficulties, it gives you a stronger will to tackle the problem. This seal also develops the reproductive chakra – the area that eliminates fear & develops determined conviction.





者

SHA

(Someone, person)

Uchijishi-In, Sign Of The Inner Lion

中自獅印

The intention is to express the power of your ability to control your own body & others bodies at will. It develops the navel chakra. When you are able to control this area, you will be able to control all other areas of your body. The practitioner who trains this area can emit fire-like energy. The extrasensory ability from your training can heal your own illnesses as well as other's illnesses.



皆

KAI

(All, everything)

**Gebakuken-In, Sign Of The Outer Bonds Fist**

芸縛券印

The intention is to express the ability to know & regulate the human heart, & develops the heart chakra. The heart chakra is located at your chest area. It is closely linked to the thymus gland, heart, & lungs. This area can open the extrasensory abilities of your heart.



陣

JIN

(Camp, battle array, ranks, position)

**Naibakuken-In, Sign Of The Inner Bonds Fist**

内縛券印

The intention is to express the gathering of rich, magnanimous love & respect for all, into one's body, showing the merciful heart of the Vairocana; & developing the throat chakra. The throat chakra located at the throat area, is very closely related to the thyroid gland. Sluggishness or vigorousness (metabolic rate) in one's life is governed by the hormone generated from the thyroid gland. Training this area can maintain youth, & give one extrasensory hearing.



裂

**RETSU**

(Split, rend, tear)

**Chicken-In, Sign Of The Wisdom Fist**

知拳印

The intention is to express the kindness of relieving other's pain, & cultivates one's extrasensory abilities.



在

ZAI

(Exist, outskirts, suburbs, located in)

**Nichirin-In, Sign Of The Ring Of The Sun**

日輪印

The intention is to express the ability to use your extrasensory abilities at will & develops the third eye chakra. This chakra, located around the eye bridge & the pituitary gland, control the functioning of all the other endocrine glands in the body. This area is very important in both Daoist & Buddhist cultivation. Developing this area is very critical to achieving special & extrasensory abilities.



前

ZEN

(In front, before)

**Ongyo-In, Sign Of The Concealed Form**

隱形印

The intention is to express a state of Buddha – a supernatural state, & develops the crown chakra; & produces a brilliant luminosity in your brain. This area controls all other areas. During training don't think about anything or recite any mantra. You should be in a state of no imagery & no thought (Mu).



Separate & lower both palms down & up to your sides, until shoulder level with your palms facing down. Then circle both palms forward, bend your elbows, & bring your palms next to your chest, while maintaining your palms face down. Rotate your palms until they are facing your chest & point your fingers toward the centre of your chest. Lower your palms down to your Dantian (HARA) with your fingers still pointing inward. Straighten your palms & place them over the bottom side of your ribs for 1-2 minutes or until you feel the Ki sensation at your liver area. Next move your palms in circular path, three times.

Continue from above, turn your palms until your palms are facing up. Lift your palms up until shoulder level, then rotate your palms until they are facing out & push forward.

Bring both palms back together in front of your chest, fingers pointing up next to your chest. Change your palms into the inner bonds fist. Hold that posture for a few seconds, then thrust the seal forward until your arms are straight.

Separate your palms to your sides with your palms facing down. Rotate both palms up & begin raising them up. When your palms are about shoulder width apart, clap them together (the louder the better) over your head & keep them together.

Make the RIN seal above your head. Lower this seal down along the centre line of your nose, inhale, & silently recite the word Rin. Continue lowering this seal until it is in front of your chest.

Visualize that the life force of the cosmos is wrapping around your body. You have been transformed & you have become the Vajrasattva. Even the strongest wind from all eight directions can't move you. Nothing can puzzle you; & your wisdom is boundless & limitless (breathe naturally during the visualization).

Chant The Mantras:

#OM BORULAN ZHELI

#OM FURILUO SADUOFU AH KANG

#ON BAI SHIRA MAN TO YA SOWAKA

As you exhale, point the seal forward & extend your arms until they are straight. As you straighten your arms, change the seal into PYO, the sign of the great diamond. As you are completing the extension of your arms & changing the seal, lift your right foot up, stomp down,

& recite PYO. Then raise your left foot, stomp down, & recite PYO. Bring the seal back next to your chest & point the seal upward (during combat keep the seal pointing towards your strong adversary).

Visualize that you are using the three esoterics to become one with the wrathful meditational deity. Your face is expressing the enraged look of this meditational deity, ready to destroy all your strong evil adversaries & obstacles (breathe naturally during the visualization).

As you exhale, raise the seal up along your nose over your head until your arms are straight. Change the seal to TO, sign of the outer lion. Your face expresses the look of a lion engaging an adversary, & is ready to growl. Chant TO.

Visualise that you are using the three esoterics to transform yourself into the Vajrasattva. Your body is displaying the colour white. You are wearing the precious crown of five wisdoms on top of your head (a infinitely dignified composure). Your body is emitting the brilliance of a multiple of colours. Your heart is filled with the valour of the Vajrasattva. Your heart is like that of a valiant lion without fear. You have the strength like that of a lion. No one can defeat you. Your power is unlimited & boundless, equal to that of the overflowing life force within the cosmos (Breathe naturally during the visualization).

Chant the mantras:

#OM FURILUO SADUOFU AH KANG

#ON JI RE TA RA SHI I TA RA JI BA RA TA NO-O SOWAKA

Inhale & begin lowering the seal along your nose down until it is level with your chest. Point the seal forward & thrust your arms forward, as you exhale. Then bring the seal back next to your chest as you inhale.

With the seal pointing up, raise it up over your head, & change the seal into SHA, the sign of the inner lion. Chant SHA, then lowering the seal down along your nose until it is level with your chest.

Visualize that you are using the three esoterics to become one with Vairocana. The heart (mind) of Vairocana is like that of a lion king. Your heart is responding & also becomes the lion king. The lion king



will devour all LAZINESS, all the anger, & all the discontent in your heart.

Chant the mantras:

#OM MA NI PAD ME HUM

#ON HA YA BAI SHIRA MA TA YA SOWAKA

Point the seal forward. Thrust your arms forward. Point the seal up slightly & change the seal to KAI, sign of the outer bonds fist. Chant KAI. Next, bend your elbows slightly, then thrust the seal forward again, & let out a loud HENG sound to vibrate the heart chakra.

No visualization.

Chant the mantras:

#OM MA NI PAD ME HUM

#ON NO-O MA KU SAN MAN DA BA SA RA DAN KAN

Change the seal to JIN, sign of the inner bonds fist. Chant JIN. Then bring the seal back next to your chest.

Visualize that you are using the three esoterics to call the Vajrasattva to assist you in a successful career. You are becoming the Vajrasattva.

Chant the mantras:

#OM FURILUO SADUOFU AH KANG

#ON A GA NA YA IN MA YA SOWAKA

Point the seal up & raise the seal up over your head. Release the interlocking fingers & press your palms together with the fingers pointing up. Lower both palms to your sides until they are even with your shoulders, palms face down. Rotate your palms to face forward as you bring your arms horizontally forward, arms straight. When your palms are about shoulder width apart, quickly clap them together, the louder the better. Then make the RETSU seal, sign of the wisdom fist. Chant RETSU.

No Visualization

Chant the mantra:

#ON HI RO TA KI SHA NO GA JI BA TA I SOWAKA

Bring the seal back next to your chest. Point the seal down, & then back up. Raise the seal up over your head. Change the seal to ZAI, sign of the ring of the sun. Chant ZAI.

Lower the seal down to your chest level, then back up to your forehead. Touch your thumbs gently on your eye bridge.

Visualize that the moon is full & is taking up half of the sky. Your body is getting bigger & closer to Vairocana. You are entering Vairocana. You are becoming Vairocana, situated within the full moon.

Chant the mantra:

#ON CHI RI CHI I BA RO TA YA SOWAKA

Change the seal to ZEN, sign of the concealed form. Chant ZEN. Lower the seal down next to your chest & stay there for a while.

Chant the mantra:

#ON A RA BA SHA NO-O SOWAKA

Make the ZAI seal. Start with just a short time. Gradually increase the time.

Bring your hands together in front of your chest with your fingers pointing up, & stay there for a while. Point your fingers down & lower your palms to your thigh level. Let all the impurities drain out of your body through your toes & the bottom of your feet.

Move your palms to your sides, up over your head, press them together over your head, & chant OM. Lower your palms to your throat level & chant AH. Continue lowering your palms to your chest level & chant HUM.

Next point your fingers down & move them down next to your HARA in Japanese or DANTIEN in Chinese. Separate your palms, but keep your fourth fingers touching. Stay there for a while. Release the fingers that are touching, & nourish your Ki for a while before finishing.

Now prepare to perform KUJI KIRI nine cuts.

Make the TO-IN hand seal chant the following three times:

#NAU MA KU SAN MAN DA BA SA RA DAN SEN DA MA KA  
RO SHA DA SO WA TA YA UN TA RA TA KAN MAN

Next, pull out the right hand (which is the sword). The left hand remains at the waist. Visualize a power grid in front of you consisting of four vertical lines & five horizontal lines. Starting with a horizontal slash from left to right at the top left hand side of the grid, chant RIN. Next, a vertical slash from top to bottom starting at the top left hand side of the grid, chant PYO. Follow this pattern with the rest of the slashes, namely TO, SHA, KAI, JIN, RETSU, ZAI, & ZEN. At the end of this do a tenth slash in the shape of a tick & chant UN. Performing these nine cuts powers up the grid that you visualized thus protecting you from all that would harm you outside of the grid. It is a way of mentally projecting the power that you have attained.

Dissolve the TO-IN seal above your head, place your hands in Gassho & chant the following mantra three times:

#ON KI RI KI YA RA HA RA HA RA FU TA RAN PA SO TSU SO  
WA KA

Keeping the palms in Gassho chant the following magic formula:

#NA MU HON ZON WE KAI MA RI SHI TEN RAI RIN WE KAU  
SONO KAU SHU GO SHIMETA MA HE

#ON A JI CHIYA YA HO RI SHI YA SOWAKA

To finish bring your palms together next to your chest & chant three times:

#OM NAMO BENZI  
Sakyamunifo & all the enlightened families.



Pictured above is Vajrasattva (diamond spiritual hero), the indestructible, brave, & courageous bodhisattva, who strives to cultivate virtue & get rid of evil.

Vajrasattva is also known as the bodhisattva of the three indestructible's. The three indestructible qualities are fearlessness,

decisiveness, & immovableness, which gives the power to cultivate virtue & get rid of evil.

Fearlessness is not being afraid, even when one is facing problems & obstacles. The more setbacks one gets, the more courageous & brave one becomes. The bigger the obstacle one overcomes, the happier one gets. If one doesn't have problems, one helps others solve their problems. Because one is made up of an indestructible body, one can't be injured or infected by diseases.

Decisiveness is being free from doubt or wavering even when one is faced with objections, degradation, or obstacles. One becomes even more brave & continues forward. Because one has the wisdom of the Vajrasattva, one can see through the intentions of others objections, degradation, & obstacles. One further elevates one's courage & puts forth more effort to accomplish one's goals & objectives.

Immovableness is being incapable of being moved by any obstacle. Just as the mountain will not budge, one will not let any unmeaningful or insignificant events move them. If one is always disturbed by worldly affairs, unable to shake off vanity, other's attacks & criticisms, easily moved by mundane & insignificant events, one will not be able to successfully become one with the universe & reach enlightenment.